

We believe in the ability of every woman to determine her own best path based on her own circumstances.

We are here to provide information, answer questions and provide unconditional respect to help you to find your way, **but you hold the power.**

Here are a few of our top frequently asked questions.

When do I need to decide?

It's important that you take time to think through all your options, and to be confident that the abortion pill is the right choice for you.

1. Be sure you are pregnant, and within the early stage of pregnancy (up to 9 weeks after your last period). Take a pregnancy test or come in for an ultrasound.
2. Involve someone supportive who can help you through the process if you need it.
3. Review all the information you can!
4. Reach out to us to ask any questions.



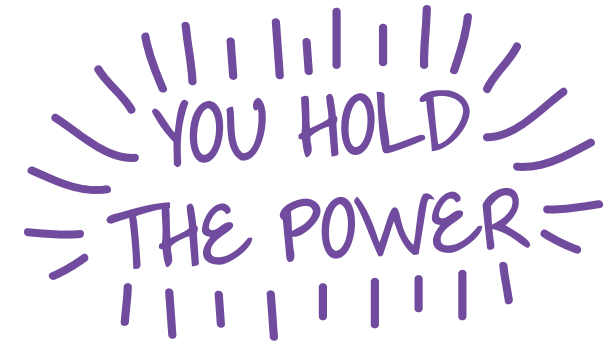
If you don't know how far along you are, visit [carafem.org/pregnancycalculator](https://www.carafem.org/pregnancycalculator). Our staff will confirm the length of your pregnancy with an ultrasound at the center.

What should I expect at my visit?

- Usually an appointment takes about 1 hour.
- We ask that you bring:
 - Names of any medications you take
 - Form of payment (including insurance card and photo ID if using insurance)
 - Many people also like to bring a supportive person/friend. They can be with you throughout your visit.
- Take a blood test and an ultrasound
- Talk over what to expect
- Take your first dose of medication
- Send you off with your second dose
- You will leave equipped with a lot of resources for the following days.

How effective is the abortion pill?

The abortion pill is very effective: about 98%. **Our staff will stay in contact with you throughout your process until we are sure that your abortion is successful and you are well.**



How safe is it?

The abortion pill is very safe. It has been used by millions of women worldwide for over 20 years. **There are no indications that the abortion pill affects a woman's ability to have a baby when she is ready.** Our staff will review all possible risks and complications with you at your visit.

What does it feel like?

Women report a wide range of experiences when taking the abortion pill, including how it feels. Many compare it with the experience of an early miscarriage. Some women experience strong cramps and some experience nausea or other side effects. carafem will provide you with both pain and anti-nausea medication to help make sure your experience is manageable.

How long does it take?

After taking the two medications, 90% of women have a successful abortion the same day that they take the second medication. But for some, it can take up to 1 week and carafem will be with you throughout this process.



What will it cost?

Out-of-pocket: \$400

This covers your pregnancy test, blood work, mifepristone and misoprostol (the abortion pills, first and second dose).

We will help verify whether your insurance policy covers our services, and we can also help you file private insurance.

If you do not have medical insurance, you will be offered the opportunity to apply for discounts.

For financial assistance, please talk to a carafem staff member.



Do I have to be over 18 to get the abortion pill? Do I have to tell my parents?

carafem welcomes patients of all ages. We recommend that teens involve a trusted adult in their decision to have an abortion whenever possible. We have many teen resources on our website and we encourage you to call us to discuss your options.

For more information go to carafem.org/teen.

EVERY
WOMAN CAN
DETERMINE
HER OWN
BEST PATH.

**IF THIS IS YOUR PATH,
CONTACT US**

We're **always** here to help.

 carafem

**DECIDING ON THE
ABORTION PILL**

F.A.Q.

**EMPATHY.
UNDERSTANDING.
NO JUDGMENT.**